



# **Community Resources**

## **THAT CAN HELP YOU THROUGHOUT THE YEAR!**

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# TEMPORARY HOUSING

## **The Gathering Inn**

201 Berkeley Ave.  
Roseville, CA

**(916) 791-9355**

Intake applications taken at 3:30 pm daily.

Overnight accommodation, supper and hospitality to homeless people.

**(must have current TB test)**

## **St. Vincent de Paul's**

139 Riverside Ave., Roseville, CA

**(916) 781-3303**

Temporary shelter, food programs, emergency financial assistance, emergency transportation, Rent/Mortgage assistance, thrift store, free pharmacy services, employment services, job training, counseling information, budget counseling, youth programs, prison ministry, halfway houses for ex-offenders, burial of the indigent, embracing the lonely, forgotten, and alienated.

## **Home Start**

410 Riverside Ave., Roseville, CA

**(916) 782-6667**

99 bed facility with 28 housing units. Transitional Housing program and shelter serving homeless children and their families. (*They DO NOT extend services to single adults*). They do help families who are chronically homeless, substance abusers, mentally ill, victims of domestic violence, teen parents, and the disabled.

## **Powerhouse Ministries**

311 Market Street  
Folsom, CA 95630

**(916) 983-0658**

Operates a 20 bed shelter for men, women, and children. Distributes food to people in need. Other services include parenting classes, anger management, 122-step drug and alcohol recovery courses, counseling, support to homeless, low income, and families of prisoners. Help with Utility payments prior to shut-off from Salvation Army REACH program.

## **Hope, Help & Healing**

11960 Heritage Oak Place, #20  
Auburn, CA 95603

**(530) 885-4249**

Faith based alcohol/drug programs and sober living environment facilities will help provide for the rehabilitation of men and women struggling with substance abuse and life recovery problems.

## **The Lazarus Project**

PO BOX 1241  
Roseville, CA 95678

**(916) 772-6833**

A Lazarus project participant is usually an individual who is homeless, or on the verge of homelessness who has sustained multiple losses in his or her home and family, friends and job, health and hope. In addition, participants may be recovering from alcohol or drug dependence, emotional or physical abuse as well as mental or physical impairment.

**St. John's Shelter for Women and Children**

4410 Power Inn Road  
Sacramento, CA 95826  
(916) 453-1482

Emergency shelter and supportive services for 100 homeless women and children. Maximum stay 60 nights. Initial stay 14 nights, extensions by the week thereafter.

**Sacramento Area Emergency Housing Center – Women's Refuge (AKA:Next Move)**

2988 35<sup>th</sup> Street  
Sacramento, CA 95817  
(916) 455-0415 or (916) 455-2160

Temporary emergency shelter, meals and transportation. Housing limited to 30 days.

**Sacramento Area Emergency Housing Center (SAEHC) –SINGLE WOMEN & FAMILIES**

2988 35<sup>th</sup> Street  
Sacramento, CA 95817  
(916) 455-2160

Shelter and transitional housing services for homeless families and single women. Housing relocation services.

**Havens Transitional Housing Program**

3333 Third Ave.  
Sacramento, CA 95817  
(916) 456-1980

Transitional housing program for homeless families. Priority is to families with children under age 12. Structured program promoting good parenting, clean and sober lifestyle, budgeting, debt repayment, attainment of educational/vocational goals, living wage, and permanent housing. On-site play care and homework center for children.

**Francis House**

1422 C Street  
Sacramento, CA 95814  
(916) 443-2646

Assistance with emergency shelter (motel vouchers for families, children). Direct voucher aid for shelter, greyhound discounts, bus tokens, and gasoline.

**American Red Cross**

8928 Volunteer Lane, Suite 100  
Sacramento, CA 95826  
(916) 368-3131

**Bishop Francis A. Quinn Cottages**

1500 North A Street  
Sacramento, CA 95814  
(916) 492-9065

Transitional housing to help homeless adults and two-person families who want to break the cycle of homelessness. Safe, secure affordable housing.

**Maryhouse**

1321 North C Street, Suite #32  
Sacramento, CA 95814  
(916) 446-4961

**Sacramento Self Help Housing**

(916) 341-0593

Helps people experiencing a housing crisis find safe and affordable housing.

Call for an appointment.

## **FOOD CLOSETS & PROGRAMS**

**St. Vincent de Paul - Roseville**

139 Riverside Ave., Roseville, CA

(916) 781-3303

Food locker program, dining hall lunches, housing through New Beginnings and medical services.

They also provide clothing, furniture, hygiene, baby supplies and mail service throughout the community.

**Placer Food Bank**

1125 Circuit Ave., Roseville

(916) 783-0482

Food

**Salvation Army - Roseville**

100 Lincoln Street, Roseville, CA 95678

(916) 784-3233

Food, shelter & clothing.

**Hillside Church**

6401 Standford Ranch Rd. Roseville

(916) 771-5683, ext. 1130

Food.

**Loomis Basin Food Closet**

4414 Brace Rd. Loomis

(916) 652-5278

Food

**The Salt Mine**

590 G Street, Lincoln

(916) 645-3778

Food & hot meals.

**Auburn Interfaith Food Closet**

12972 Earhart Ave., Suite 301

Auburn, CA 95602

**St. Vincent de Paul - Folsom**

307 Montrose Dr., Folsom, CA 95630

(916) 985-4630

Monday, Wednesday, and Friday 9 am – noon

Emergency food for needy once a month up to 12 times a year. Id required, 95630 address verification from a utility bill or rent receipt.

**Twin Lakes Food Bank - Folsom**

327 Montrose Drive, Folsom CA, 95630  
(916) 985-6232  
Tuesday: 9:00 a.m. – 12:30 p.m. and 4:30 p.m. – 7:00 p.m.  
Wednesday: 9:00 a.m. – 12:00 noon  
Thursday: 9:00 a.m. – 12:30 p.m.  
Serves zip codes: 95630, 95662, 95746, and 95762 only.  
Food closet and clothes closet. Requires verification of current address.

**Loaves & Fishes – MARYHOUSE (for women & children only)**

1321 North C Street, suite 32, Sacramento, CA 95814  
(916) 446-4961  
Monday – Friday 8 am – 2:30 pm.  
A free hot nutritious lunch is served seven days per week from 11:30 am – 1 pm, and many other services provided on a walk-in basis.

**Carmichael Presbyterian Church – Food Closet**

5645 Marconi Ave., Carmichael, CA 95608  
(916) 483-9232  
Area served: 95608, 95610, 95621, 95660, 95821, 95825, 95841, 95842, and 95843 – only.  
Monday-Friday 10am-noon, food requests 2-3:30 pm food pick up  
Emergency and supplemental food to the hungry once a month but no more than six times in a 12 month period.

**Cathedral of Praise & Worship Center – Food Program**

2875 Meadowview Rd, Sacramento, CA 95832  
(916) 568-7606  
Tuesday noon – 1 pm  
Food bag give away every Tuesday.

**Central Downtown Food Basket**

1701 L Street, Sacramento, CA 95814  
Cross streets: 17<sup>th</sup> & L streets  
(916) 761-5624  
Free bay of groceries Thursday only at Goethe Hall, 1701 L Street, from 10 am – noon. Walk-ins ok, identification required for every member of the family.

**Daughters of Zion**

6489 47<sup>th</sup> Street, Sacramento, CA 95823  
(916) 422-3875  
Every Thursday 1:00 p.m. – 3:00 p.m.  
Provides one box of food every 30 days.  
Food baskets and nearly new clothing to needy families.

**Orangevale Seventh Day Adventist – Food Closet**

5810 Pecan Ave., Orangevale, CA 95662  
(916) 967-0405  
Orangevale residents only, zip code 95662  
Emergency food for need people. Clients can use food and clothes closets once a month.

**Elk Grove Food Bank Services**

9820 Dino Drive, Suite 140  
Elk Grove, CA 95624  
(916) 685-8453  
Food distribution hours: Monday – Friday 10:00 a.m. – 2:20 p.m./Saturday 9:00 a.m. – 11:30 a.m.  
Regular food box service is once a week.

**Loaves & Fishes – Dining Room**

1321 North C Street, Sacramento, CA 95814  
(916) 446-0874  
Monday - Friday 11:30am – 1pm  
Saturday - 11:00 am – 12:30 pm  
Sunday - 11:00 am – noon  
Free hot lunch. First come, first served

**Loaves & Fishes – Friendship Park**

1300 North C Street, Sacramento, CA 95814  
(916) 443-7378  
Monday – Friday 7 am – 2:30 pm  
Daytime hospitality center in a park setting for homeless men, women and children.  
Breakfast, recreation activities, short-and long-term locker storage, free telephones, library, shower, bathroom facilities, free ice and dog kennels for daytime use.

**River City Community Services**

1800 28<sup>th</sup> Street, Sacramento, CA 95816  
(916) 446-2627  
Eligibility; residents of Sacramento County.  
A three-day supply of emergency food, including baby formula, can be obtained on a drop-in basis or by referral once a month. Hours: Monday-Friday 11:30 a.m. – 3:00 p.m.

**Sunday Lunch Program**

3333 Third Ave, Sacramento, CA 95817  
(916) 456-1980  
Sunday noon – 1 pm  
Brown bag lunch served each Sunday except holidays.

**Salvation Army – Food Box**

241 North 10<sup>th</sup> Street  
Sacramento, CA 95814  
(916) 442-0303  
Food boxes are given out Monday – Friday from 8:30 am to 4:00 pm. People in need of emergency assistance can receive help with food up to six times a year, and not more than once in the same month.

**Salvation Army**

3755 North Freeway Blvd., Sacramento, CA 95845  
(916) 563-3700  
Shelter, food & clothing.

**Salvation Army**

1200 North B Street, Sacramento, CA 95814  
(916) 442-0331  
Shelter services, lodging and meals to homeless single men and women for 30 days. Food closet, & food boxes.

**St. Lawrence Catholic church – Sharing God’s Bounty**

4325 Don Julio Blvd. North Highlands, CA 95660  
(916) 332-4777  
Thursdays 5:30 pm, food bags when available, Thursdays 6-7 pm meal.  
Free meal on Thursday evenings at 6pm. Open to anyone. No income requirements, address verification, or age limitations.

**St. Vincent de Paul Society – Parkway/Valley Hi**

7580 Center Parkway, Sacramento, CA 95823  
(916) 733-2010

Monday 9:45 a.m. ticket pick-up; 11:00 a.m. food distribution to ticket holders until food runs out.  
Eligibility – residents of 95823 zip code.  
Food closet.

**Union Gospel Mission**

400 Bannon Street, Sacramento, CA 95814  
(916) 447-3268

Dinner every day at 8:30 p.m. Eligibility: participants must attend chapel service 7:30 – 8:30 p.m.  
Free lunch on Sundays at 12:30 p.m. Eligibility: participants must attend chapel at 11:00 a.m.  
Overnight stay is only for men.

**Arcade Baptist Church**

3927 Marconi Ave.  
Sacramento, CA  
(916) 972-1617  
Food bank

**Capital Christian Center – Food Bank**

9470 Micron Avenue  
Sacramento, CA 95827  
(916) 856-5683

Monday – Friday 8:00 a.m. – 12:00 noon and 1:00 p.m. – 5:00 p.m.  
Applicant may receive one basket of food each month.

**New Hope Community Church of Sacramento**

1821 Meadow View Road  
Sacramento, CA 95832  
(916) 422-3370

Open every Thursday at 2:00 p.m. Sign-ups start at noon.  
Provides a week of food.

**Sacramento Emergency Meals - INFOLINE # (916) 498-1000**

**Salvation Army – 784-3233**

**American Red Cross – 368-3131**

**Sacramento Hunger Commission – 447-7063, [www.whyhunger.org](http://www.whyhunger.org)**

## **LEGAL SERVICES**

- **Free Legal Services – Placer County**  
(530) 889-7475  
[www.placerco.org](http://www.placerco.org)
- **Free Legal Services – Sacramento County**  
(916) 551-2140, or 1-800-222-1753
- **Lawyer Referral and Information Service**  
(916) 444-2333  
Service for people requiring the services of an attorney. Set one-half hour consultation appointments with an attorney for any member of the public calling in.
- **Mediation Services**  
Placer Dispute Resolution Services  
(916) 645-9260
- **Child Advocates of Placer County**  
(530) 887-1006



# **Placer County Chaplaincy**

**[www.placerchaplains.com](http://www.placerchaplains.com)**

**(916) 663-2427**

Chaplains are first responders who are trained in crisis care. The Chaplain's role frequently includes crisis counseling for ALL situations including depression and anxiety, suicide intervention, domestic violence and child abuse intervention, and grief and bereavement.

Additionally they can provide information and resources, arrangement for emergency food, clothing, transportation and/or shelter, and referral to a broad network of public and private agencies including the Salvation Army, American Red Cross and others.

Chaplains also follow up on the personal welfare of victims and provide additional emotional and spiritual support.

When deployed, a Chaplain will arrive on the scene typically within ten to twenty minutes of being called.

# **EMPLOYMENT ASSISTANCE**

## **Roseville Agencies**

### **Golden Sierra Job Training Agency**

1880 Sierra Gardens Dr.  
Roseville, CA 95661  
(916) 746-7722

### **Appleone Temporary & Full-Time**

3300 Douglas Blvd.#170  
Roseville, CA  
(916) 782-0632

### **Certified Employment Group**

1380 Lead Hill Blvd. #205  
Roseville, CA  
(916) 771-6886

### **Express Employment Professionals**

5701 Lonetree Blvd. #302  
Rocklin, CA  
(916) 781-0177

### **Adecco Staffing**

3741 Douglas Blvd., #300  
Roseville, CA  
(916) 784-2400

### **Aardvark Staffing**

3017 Douglas Blvd.  
Roseville, CA  
(916) 774-7115

### **Pride Staff**

1850 Douglas Blvd., #906  
Roseville, CA  
(916) 757-6100

### **Dynamic Staffing Inc.**

1830 Sierra Gardens Dr. #20  
Roseville, CA  
(916) 773-3900

### **Select Personnel Services**

1540 Eureka Rd.  
Roseville, CA  
(916) 771-2215

### **Ultimate Staffing**

2999 Douglas Blvd  
Roseville, CA  
(916) 786-3336

## **Sacramento Agencies**

### **Pride Industries**

10030 Foothills Blvd.  
Roseville, CA 95747  
(916) 788-2239

[ERP@PRIDEindustries.com](mailto:ERP@PRIDEindustries.com)

Offers comprehensive employment re-entry services to individuals transitioning from the criminal justice system. We treat people as individuals, work with them to identify and capitalize on their strengths, create choices and options, and help them make important contributions in their community.

### **Sacramento Works One-Stop Career Center**

2411 Alhambra Blvd., #110  
Sacramento, CA 95818  
(916) 324-6202

Connects job seekers to employers. On-the-job training, and placement services are available to low-income Sacramento County residents ages 16+.

**Employment Plus**

3463 Ramona Ave.  
Sacramento, CA 95826  
(916) 973-1966

Support and training in employment, community integration, and self advocacy as directed by each consumer with the goal to enable each individual to optimize independence, access the community, and become employed.

**Labor Ready**

7777 Sunrise Blvd., #2300  
Citrus Heights, CA  
(916) 723-9675

Temporary day job while your waiting for full time work.

**Calworks**

Fulton Avenue Bureau  
2700 Fulton Avenue  
Sacramento, CA  
(916) 874-3800

Employment development, childcare, work study, tutoring, counseling, and transportation services.

**Calworks**

North Highlands Bureau  
5747 Watt Avenue  
North Highlands, CA  
(916) 876-8000

## **CHILDREN & FAMLIES ASSISTANCE**

**Child Advocates of Placer County**

(530) 887-1006  
We advocate for children's best interest in the courtroom.

**Child Protective Services (CPS)**

(916) 875-5437  
Report Child Abuse.

**Infoline Sacramento**

(916)498-1000  
Thousands of resources for the Sacramento area including clothing, food, shelter, transportation & care.

**Koinonia Foster Homes – Teen Drug Treatment Clinic**

(916) 652-0171  
[www.kfh.org](http://www.kfh.org)  
or  
[www.teenanddrug.com](http://www.teenanddrug.com)

**Triad Family Services – Foster Family Care and Intervention**

(916) 572-7157

**Sacramento Housing & Redevelopment Agency**

(916) 444-9210  
Affordable housing.

**Access for Infants and Mothers**

(AIM) program  
(800) 433-2611

Low-cost health insurance for pregnant women from middle-income families who are not eligible for no-cost Medical.

**Child Action, Incorporated-Resource & Referral Program**

9961 Horn Rd.  
Sacramento, CA 95827  
(916) 369-0191

Free child care information and referrals to child care centers, family day care homes, nursery schools and before and after school programs.

**Mother Baby Program**

3333 Third Ave.  
Sacramento, CA 95817  
(916) 456-1980

Distribution of baby formula and food, disposable diapers. A three-day supply of these items offered once per month.

**W.I.C. Program (Women, Infants & Children)**

(916) 427-5500

Clinic sites throughout the County of Sacramento. Serves low income women, breast feeding or pregnant, and children ages 0-4 at nutritional risk, supplement food vouchers provided.

**Children's Mental Health Counseling**

(916) 875-2974

Free mental health counseling for children

**Clothing for Women & Children**

(916) 577-1969  
Kidz Clothes Line  
marciC@baysideonline.com

## **Medical Clinics**

**Placer County – Community Clinic**

11583 C Avenue  
DeWitt Center  
Auburn, CA  
(530) 889-7215

**Folsom Family Clinic**

105 Dean Way  
Folsom, CA 95630  
(916) 983-3658

Free Clinic for people who do not have insurance. Infant and child healthcare, general & family medicine, preventive care, including: cancer screenings, immunizations, and physical examinations.

**Mercy Clinic Loaves & Fishes**

1321 North C Street #22

Sacramento, CA 95814

(916) 446-3345

General medical care provided free to homeless persons with urgent medical needs.

**White Rock Family Clinic**

10487 White Rock Road

Rancho Cordova, CA 95670

(916) 364-0724

Free clinic for people who do not have insurance. Infant and child healthcare, general and family medicine, preventive care, including: cancer screenings, immunizations, and physical examinations.

**The Gathering Inn**

201 Berkeley Avenue

Roseville, CA 95678

(916) 791-9355

12 step meetings, community health clinic open every Saturday, a specialized shelter for after hospital care, free clothing.

**CHAPA-DE**

Indian Health Program, Inc.

11670 Atwood Road

Auburn, CA

(530) 887-2800

Medical, dental and behavioral health services for persons that reside in Placer, Nevada, Sierra and Yolo counties. Chapa-De uses a sliding fee scale to determine patient fees for services. The scale is based upon income and number of persons in the family.

# **SENIOR ASSISTANCE**

## **A.A.R.P. – Job Seekers**

4640 Marconi Avenue  
Sacramento, CA  
(916) 483-5991

Are you 55 years old or older and need a job? The AARP Foundation Senior Community Service employment Program can help you sharpen your skills, obtain training and find a job.

## **ComForcare Senior Services**

2007 – A Opportunity Dr. #6  
Roseville, CA 95678  
(916)784-9233

Non-medical home care services provided. Housekeeping, laundry, reading, games, grooming, bathing, etc.

## **Home Instead Senior Care**

Sacramento County – (916) 920-2273  
Placer County – (530) 885-3904

Companion services, meals, medication, reading, pay bills. Home Helper Services, housekeeping, pet car, escort services, etc.

## **Home Assistance & Repair Program for Seniors**

1013 Seventh Street, Suite 200  
Sacramento, CA 95814  
(916) 264-1515

Skilled volunteers assist senior homeowners by performing minor repairs on seniors' homes.

## **Senior Citizens Services**

8175 Signal Court, Suite M  
Sacramento, CA 95824  
(916) 381-7794

Emergency food distribution. People who are destitute or need emergency food may receive one-time-only help.

## **The Senior Connection**

5105 Manzanita Ave.  
Carmichael, CA 95608  
(916) 334-1072

## **Miscellaneous**

- **ACCESS Crisis & Emergency services, 24 hour emergency response service for children and adults in crisis, toll free - 888-886-5401**
- **Alcohol Drug Programs  
888-421-6831  
<http://www.recovery.org/browse/sacramento-ca/>**
- **By Design Financial Solutions (formally Consumer Credit Counselors) 800-750-2227**
- **Child Protective Services, Roseville – 916-784-6060**
- **Child Protective Services, Auburn – 530-886-5450**
- **Child Protective Services, Sacramento – 916-875-6437**
- **Children’s Receiving Home – 530-889-7710**
- **Foster Family Care & Intervention, Triad Family Services – 916-631-0771**
- **Mental Health Crisis Intervention – 888-886-5401**
- **Money Matters in Marriage-Financial consulting. (916) 782-7830**
- **Placer County Chaplaincy Crisis Care – 916-663-2427**
- **P.E.A.C.E. for Families – domestic violence & sexual assault.  
(916) 773-7273**
- **Substance Abuse Treatment Resources – 916-787-8800**
- **Suicide Prevention Crisis Line, Placer County – 916-773-3111**
- **Suicide Prevention Crisis Line, Sacramento County – 916- 368-3111**
- **Teen Challenge Crisis Center, Sacramento – 916-443-3049**
- **W.E.A.V.E – (Women Escaping A Violet Environment) Domestic Abuse Hotline – 916-920-2952**

# **Utility Assistance Programs**

## **SMUD – E.A.P.R. Program**

(Emergency Assistance Program)

(866) 675-6624

Discount Electric rate for persons with limited income. Applications processed by the State of California.

## **Salvation Army Utility Assistance**

(916) 442-0303

241 North 10<sup>th</sup> Street

Sacramento, CA 95814

Help with SMUD & PG&E bills.

Applications accepted from individuals in need not receiving CalWORKS, General Assistance or living in subsidized housing.

## **H.E.A.P. Home Energy Assistance Program**

(916) 567-5200

Assistance with payment of utility costs.

## **Powerhouse Ministries**

(916) 983-0658

Helps with utility payments *prior* to shut off.



# **Auto Repair Service**

*(People we trust!)*

## **Kustom Classics**

*Contact: Greg Barker*

3415 Swetzer Rd.

Loomis, CA

(916) 652-8322

[gbkustomclassica@yahoo.com](mailto:gbkustomclassica@yahoo.com)

## **Old Time Restoration**

*Contact: Matt Deleon*

3485 Swetzer Rd.

Loomis, CA 95650

(916) 652-6582

## **Auto Pro**

*Contact: Tracy Shaefer*

5344 San Juan Ave.

Fair Oaks, CA 95608

(916) 966-1168